

# Health and Wellbeing Board

Wednesday 21 October 2015

1.30 pm

Ground Floor Meeting Room G01A - 160 Tooley Street, London  
SE1 2QH

## Supplemental Agenda No.1

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#### Contact

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Date: 16 October 2015

<b>Item No.</b> 15.	<b>Classification:</b> Open	<b>Date:</b> 21 October 2015	<b>Meeting Name:</b> Health and Wellbeing Board
<b>Report title:</b>		Transformation Plan for Children and Young People's Mental Health and Wellbeing	
<b>Ward(s) or groups affected:</b>		All	
<b>From:</b>		Gwen Kennedy Director of Quality & Safety, Southwark CCG	

### RECOMMENDATION(S)

1. That the Board notes the national requirement for the development of Local Transformation Plans (LTP) for Children & Young People's Mental Health & Wellbeing.
2. To note and agree the proposed areas for development within the transformation plan.
3. That the Board, as part of the requirement of the transformation plan, nominates a representative to sign off Southwark's local submission, following agreement by local partners.

### PURPOSE OF REPORT AND EXECUTIVE SUMMARY

4. The purpose of this report is to outline the process of developing Southwark's LTP.
5. The guidance requires that LTPs are signed off by the Health and Wellbeing Board, and where this is not possible due to the timeframe and timing of meetings, that a representative from the HWBB (Director of Children's Services, the Director of Public Health or Lead Member for Children Services) be nominated to take responsibility for signing off the plan.
6. Sign-off of the LTP will enable the release of recurrent allocation of the Child & Adult Mental Health (CAMH) Transformation monies of £588,807 per annum for Southwark (includes £168,082 for eating disorders) which will support the recommendations of the CAMHS Joint Needs Assessment.

### BACKGROUND INFORMATION

7. Future in Mind published in March 2015 by the Department of Health and NHS England (NHSE) represents the work of an all-party taskforce, setting out the case for change in the organisation and provision of mental health services for children and young people across the country. The report sets out an ambition for improved public awareness and understanding of mental health issues, timely access to mental health support for those who need it and improved access and support for the most vulnerable groups. The whole systems approach to mental health and well-being is centred on five themes:

- Promoting resilience, prevention and early intervention
  - Improving access to effective support in a system without tiers
  - Care for the most vulnerable
  - Accountability and transparency
  - Developing the workforce
8. Within the autumn statement (Dec 2014) and Budget (March 2015) announcements were made of extra funding to transform mental health services for children and young people; aligning spend with the recommendations within the review and the Five Year Forward View (NHSE Oct 2014). Following this, guidance for the development of local partnership plans to inform system-wide transformation was published by NHSE in August 2015.
9. Key point to note include:
- The CCG will be submitting the LTP on behalf of the local Health and Wellbeing Board and wider partners
  - The plan will need to demonstrate compliance with the core principles and ambition described in Future in Mind and in the subsequent NHSE guidance
  - Sign off by the local Health and Wellbeing Board, NHS England Specialised Commissioning team and CCG are mandatory and required before monies will be released
  - The deadline set nationally for submission of the transformation plan is 16 October 2015. Southwark's LTP is still being developed and will require sign-off by the Board / Designated Officer in the coming weeks.
10. Southwark CCG has been working with Southwark Council and other local partners to develop the transformation plan. The priority areas in development have been drawn from the CAMHS Health Needs Assessment and Service Review in 2015 and include:
- Enhancing Early Help CAMHs offer
  - Supporting the social care offer to respond to psychological needs
  - Establishment of Child Sexual Assault (CSA) hubs for SE Sector
  - Enhancing Primary and Community Perinatal Services
  - Development of Crisis services to prevent the need for in-patient beds
  - Enhancing core services for trauma, Post Traumatic Stress Disorder (PTSD), self-harm, Youth Offending and ADHD
  - Early intervention for eating disorders

### **Scope**

11. LTPs are required to cover the full spectrum of service provision and address the needs of all children and young people including the most vulnerable, making it easier for them to access the support they need when and where they need it.
12. The national ambition is to achieve transformation by 2020.
13. The CCG will be required to submit progress to NHSE on the delivery of the LTP which is in line with their assurance framework.

14. The key assurances NHSE will seek nationally are that:

- LTPs are published by CCG and Southwark Council with a declaration and made widely available
- Children, young people, those who care for them and all local partners have been involved in developing the Plans
- The additional money is being spent for the purposes intended
- Locally determined KPIs are being met

#### **The development of the plan**

15. An Integrated Joint Maternity, Children and Young People Wellbeing Board is being established which will report to the Southwark Health & Wellbeing Board. A Working Group will oversee the development, management and monitoring of the implementation of the Children and Young People Strategy and CAMHS Implementation plan.
16. Details of the funding available are as follows. Recurrent funding will be available in future subject to the approval of the transformation plan.

	<b>2015/16</b>	<b>2016/17</b>
Eating Disorders	168,082 already received	168,082
Transformation	420,725 will be released on sign-off of the plan	420,725
<b>Total</b>	<b>588,807</b>	<b>588,807</b>

#### **Consultation undertaken or proposed**

17. Consultation has taken place as part of the CAMH Service Review and Health Needs Assessment for Southwark and will be a key component of the Joint Children & Young People's Strategy going forward.

#### **Financial, resource and property implications**

18. It is important to ensure that this funding is used for the purpose that it is intended, which is to improve mental health services. There is national concern about the investment in CAMHs and a need to ensure that this investment is directed to Children & Young People Mental Health Services.
19. If guidance is not followed, monies to improve CAMH services will not be allocated to Southwark.

#### **Legal, statutory and policy implications**

20. None

### Human rights, equalities and community impact statement

21. Equalities impact will be undertaken as part of the Children's Strategy development to minimise any negative impact on any of Southwark's children and young people and to ensure that we are providing the best services we can, fairly, to those who need them.

### REASONS FOR URGENCY

22. The next meeting of the Health and Wellbeing Board is scheduled for January 2016. The deadline set nationally for submission of the transformation plan is 16 October 2015. Southwark's Local Transformation Plan is still being developed and will require sign-off by the Board / Designated Officer in the coming weeks

### REASONS FOR LATENESS

23. It was not possible to complete consultation with key stakeholders in advance of the final report deadline.

### BACKGROUND DOCUMENTS

Background Papers	Held At	Contact
<a href="https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf">https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf</a> (copy and paste link into search engine)	Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing (March 2015)	
<a href="http://www.england.nhs.uk/wp-content/uploads/2015/07/local-transformation-plans-cyp-mh-guidance.pdf">http://www.england.nhs.uk/wp-content/uploads/2015/07/local-transformation-plans-cyp-mh-guidance.pdf</a> (copy and paste link into search engine)	CAMHS transformation guidance	

### APPENDICES

No.	Title
Appendix 1	Annex 1: Local Transformation Plans for Children and Young People's Mental Health

**AUDIT TRAIL**

<b>Lead Officer</b>	Andrew Bland, Chief Officer, NHS Southwark Clinical Commissioning Group	
<b>Report Author</b>	Gwen Kennedy, Director of Quality & Safety, Southwark CCG	
<b>Version</b>	Final	
<b>Dated</b>	16 October 2015	
<b>Key Decision?</b>	No	
<b>CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER</b>		
<b>Officer Title</b>	<b>Comments Sought</b>	<b>Comments Included</b>
Director of Law and Democracy	No	No
Strategic Director of Finance and Governance	No	No
Interim Director of Commissioning	Yes	Yes
Director of Children's Social Care	Yes	Yes
<b>Cabinet Member</b>	No	No
<b>Date final report sent to Constitutional Team/Community Council/Scrutiny Team</b>	16 October 2015	

## Annex 1: Local Transformation Plans for Children and Young People's Mental Health

**Developing your local offer to secure improvements in children and young people's mental health outcomes and release the additional funding: high level summary**

### Q1. Who is leading the development of this Plan?

(Please identify the lead accountable commissioning body for children and young people's mental health at local level. We envisage in most cases this will be the CCG working in close collaboration with Local Authorities and other partners. Please list wider partnerships in place, including with the voluntary sector and include the name and contact details of a single senior person best able to field queries about the application.)

NHS Southwark CCG is leading on development of the Southwark Local Transformation Plan for children young people's mental health and wellbeing in partnership with Southwark Council.

We are committed to working with a range of local partners and stakeholders to ensure that the plan is developed and implemented successfully (see Table 1).

The lead contact for the purposes of the Southwark Local Transformation Plan is: Carol-Ann Murray, Senior Mental Health Commissioner – **Error! Hyperlink reference not valid.** or 020 7525 1316

### Q2. What are you trying to do?

(Please outline your main objectives, and the principal changes you are planning to make to secure and sustain improvements in children and young people's mental health outcomes. What will the local offer look like for children and young people in your community and for your staff?). Please tell us in no more than 300 words

NHS Southwark Clinical Commissioning Group in partnership with Southwark Council are in the process of developing Joint Children and Young Peoples' Health and Care Strategic Framework which embeds the emotional wellbeing and mental health of children and young people that sets out the way in which comprehensive and integrated Child and Adolescent Mental Health Services (CAMHS) will be commissioned to improve outcomes.

Services will be commissioned by schools, colleges, academies, Southwark Council and NHS Southwark Clinical Commissioning Group. The intention is to adopt a whole systems approach, with the aim of making children and young people's mental health and emotional wellbeing the concern of everyone.

Our vision is that all Southwark children and young people and families to lead healthy lives and are empowered and supported to develop to their full potential and have the skills and opportunities to play an active part in society through integrated provision of services.

The local transformation plan will support current children and young people's services to:

- Promote emotional and mental health and increase resilience in all children and young people
- Ensure earlier identification of children and young people exhibiting emotional difficulties so they can access appropriate early intervention services
- Target services to meet priority needs of children and young people especially those most vulnerable
- Developing the workforce to ensure an appropriate range of skills and competencies to identify and support the needs of children and young people
- Ensure that services will deliver support that is easy to access, readily available and evidence based where appropriate
- Ensure the children's workforce has a clear understanding of their roles and responsibilities and those of others, and will have an appropriate range of skills and competencies

The local priority options in development focus on areas that would benefit from being enhanced or where gaps in services have been identified within the needs assessment.

### **Q3. Where have you got to?**

(Please summarise the main concrete steps or achievements you have already made towards developing your local offer in line with the national ambition set out in *Future in Mind* e.g. progress made since publication in March 2015.) Please tell us in no more than 300 words

The Southwark Transformation Plan will be fully aligned with the national ambition set out in 'Future in Mind' (2015), we are committed to working in partnership to improve outcomes for children & young people in Southwark. We continue to work with stakeholders to further develop the transformation plan which incorporates the following key principles:

- Promoting resilience, prevention and early intervention
- Improving access to effective support – a system without tiers



- Care for the most vulnerable
- Accountability and transparency
- Developing the workforce
- The mental health needs of children and young people has been reviewed by Public Health in 2013 and refreshed in 2015

Priority work undertaken in 2015 include:

- Reviewing current CAMH services to identify gaps in the system for development
- Stakeholder engagement with current CAMH services
- Agreed a clear and robust governance structure
- Refreshed CAMHS needs assessment
- Enhance our adult IAPT service to include 16 plus age group
- Discussed with commissioner colleagues in the South East London Sector opportunities to commission services together.
- Developed plans to engage further with children and young people, families, parents/carers and engaged with local stakeholders

**Q4. Where do you think you could get to by April 2016?**

(Please describe the changes, realistically, that could be achieved by then.) Please tell us in no more than 300 words

By April 2016 we will have:

- a) Established a Southwark Joint Maternity, Children and Young People Wellbeing Board and Working Group
- b) Established waiting times, treatment and outcomes baselines across all CAMHs care groups
- c) We will have reduced waiting time for access to CAMHs Early Intervention and explored innovative ways of delivering early intervention CAMHs support
- d) We will have additional ADHD specific capacity in place
- e) We will have increased capacity in and awareness of the Eating Disorder service, resulting in an anticipated uplift in self-referral. There will be a telephone based consultancy and support service for (self) referrers, which will be staffed by senior Eating Disorder
- f) As part of our Crisis Care commitment we will have recruited additional practitioners to provide additional duty capacity within our crisis line telephone advice and guidance as well as initiating a hospital "in reach" service for children and young people admitted to acute settings overnight
- g) Workforce training needs analysis will have commenced
- h) Enhance Early Help CAMHS offer in Southwark Locality teams will be implemented, including clinical practitioners in social care teams and support for schools to build capacity
- i) Trauma Focused work across child and family and adolescent service
- j) Establishment of Child Sexual Assault (CSA) hubs for SE Sector

- k) Home Treatment Early Intervention Team - Intensive community support
- l) Development of perinatal service in primary care - training and support for primary care staff
- m) Additional YOS capacity within Adolescent team
- n) The Joint Children and Young People's Strategy and Joint Mental Health Strategy will be completed

**Q5. What do you want from a structured programme of transformation support?** Please tell us in no more than 300 words

We would benefit from having access to accurate and timely data on:

- a) In-patient admissions, and length of stay for all in-patient admissions
- b) Receiving notification on all in patient discharges for Southwark patients
- c) National benchmarking on CAMHs, treatment interventions and outcomes
- d) System wide guidance and leadership on cross sector information sharing systems
- e) Enhanced Transforming Care data

A centrally mandated and quality assured menu of evidence based interventions (including NICE) and treatments that are supported for delivery across different needs and care groups.

Additionally, regular protected CAMHs Commissioner learning time across regions facilitated by regional health commissioning teams which will support cross sector projects and joint working.

Access to more shared learning around good practice in respect of children and young people's services.

Plans and trackers should be submitted to your local DCOs with a copy to [England.mentalhealthperformance@nhs.net](mailto:England.mentalhealthperformance@nhs.net) within the agreed timescales

The quarterly updates should be submitted in Q3 and Q4. Deadline dates will be confirmed shortly and are likely to be shortly after quarter end. These dates will, where possible, be aligned with other submission deadlines (eg, for the system resilience trackers, or CCG assurance process). DCOs will be asked to submit the trackers to [england.camhs-data@nhs.net](mailto:england.camhs-data@nhs.net) for analysis and to compile a master list

Table 1: Stakeholders

Organisation	Job Title	Name	Role in plan
Southwark CCG	Senior Mental Health Commissioner	Carol-Ann Murray	Lead author
Southwark CCG	Director of Quality & Safety	Gwen Kennedy	CCG Lead
Southwark CCG	Head of Mental Health	Rabia Alexander	Strategic Mental

			Health Lead
Southwark CCG	Head Primary, Community and Children's Commissioning	Jean Young	Strategic Children's Lead
Southwark CCG	GP Clinical Lead for Mental Health	Nancy Kuchemann	
Southwark CCG	GP Clinical Lead for C&YP	Robert Davidson	
Southwark Council Public Health	Public Health Consultant	Vicki Spencer-Hughes	Needs assessment
Southwark Council	Director of Commissioning Adults and Children	Dick Frak	Strategic Lead Local Authority
Southwark Council Public Health	Mental health and wellbeing	Lucy Smith	
Southwark Council	Head of YOS	Jenny Brennan	
Southwark Council	Head of Early Help	Brendan Ring	
Southwark Council	C&YP commissioner for substance misuse	Dionne Cameron	
Southwark Council	Director of Children's Social Care –inc children looked after	Rory Patterson	
Southwark Council	Principal Strategy Officer/s	Elaine Gunn and Rachel Flagg	
Southwark Council	Director of Education PSHE and Healthy Schools	Merril Hausler Lee Souter	
Southwark council	Head of Troubled Families	Brendan Ring	
NHS England Specialist MH Commissioning	Case Manager	Maureen Banda	Collaborate on plans Sign-off when assured
South London and Maudsley NHS Foundation Trust (SLaM)	Clinical Director Service Director Clinical Lead Service Manager	Dr. Bruce Clark Jo Fletcher Dr. Partha Banerjea Tracey Lewis	Clinical Pathway Development
Service user groups	Youth Advisor	TBA	Engagement and development of plan
Parents groups		TBA	Engagement and development of plan
Voluntary sector	Community Action Southwark (CAS)	TBA	
Schools	Head Teachers Forum	TBA	Contribution to the plan
Southwark Healthwatch	Healthwatch	Aati Gandesha Catherine Negus	Engagement and development of plan

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MUNICIPAL YEAR 2015/16**

**NOTE:** Amendments/queries to Everton Roberts, Constitutional Team, Tel: 020 7525 7221

Name	No of copies	Name	No of copies
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Councillor Stephanie Cryan	1	Sarah Feasey	1
Aarti Gandesha	1		
Councillor Barrie Hargrove	1	<b>Others</b>	
Dr Jonty Heaversedge	1	Louise Neilan, Press Office	1
Councillor Peter John	1	Everton Roberts, Constitutional Team	10
Eleanor Kelly	1		
Gordon McCullough	1		
Professor John Moxham	1		
David Quirke-Thornton	1		
Dr Yvonneke Roe	1		
Dr Ruth Wallis	1	<b>Total:</b>	<b>31</b>
<b>Others</b>			
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